

BCS Curriculum Overview for PE

Taught in addition to sessions by Sports Coaches

Topics under review as of Jan 2025



		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Reception Physical Development	Continuous Provision					
		Fundamentals	Fundamentals	Fundamentals	Fundamentals	Fundamentals	Fundamentals
Key Stage 1	Year 1	Fundamentals	OAA	Gymnastics	Dance	Fundamentals	Fundamentals
		Fundamental Movement skills	Fundamental Movement skills	Small Invasion Games	Target Games	Striking & Fielding	Athletics
	Year 2	Fundamentals	OAA	Dance	Gymnastics	Fundamentals	Fundamentals
		Fundamental Movement skills	Target Games	Small Invasion Games	Small Invasion Games	Striking & Fielding	Athletics
Lower Key Stage 2	Year 3	Invasion Games	OAA	Cricket	Gymnastics	Dance/Gymnastics	Athletics
		Football Handball Cross Country	Handball Lacrosse UniHoc	Lacrosse Dodgeball Basketball	Rugby Basketball Lacrosse	Striking & Fielding	Athletics
	Year 4	Swimming			OAA	Dance/Gymnastics	Athletics
		Football Handball Cross Country	Handball Lacrosse UniHoc	Lacrosse Dodgeball Basketball	Rugby Basketball Lacrosse	Striking & Fielding	Athletics
Upper Key Stage 2	Year 5	Handball	OAA	Dance	Gymnastics	Cricket	Athletics
		Football Handball Cross Country	Handball Lacrosse UniHoc	Lacrosse Dodgeball Basketball	Rugby Basketball Lacrosse	Striking & Fielding	Athletics
	Year 6	Tag Rugby	OAA	Dance	Gymnastics	Rounders	Athletics
		Football Handball Cross Country	Handball Lacrosse UniHoc	Lacrosse Dodgeball Basketball	Rugby Basketball Lacrosse	Striking & Fielding	Athletics